



Assisted Living & Memory Care Tour Checklist

Print this before touring a senior living community. Use the checklist and notes spaces to compare options while details are fresh.

Community _____

Overall Fit _____

Primary Contact _____

Ask These First

- | | |
|--|--|
| ☐ What is included in the monthly rate, and what costs extra? _____ | ☐ What is the staff-to-resident ratio, day and night? _____ |
| ☐ If care needs increase, can my loved one stay here? _____ | ☐ How do you communicate changes, incidents, or concerns to families? _____ |
| ☐ Can I see today's activity calendar and a sample menu? _____ | ☐ Can we tour both assisted living and memory care if relevant? _____ |

What to Notice During the Tour

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|--|---|
| ☐ Entrance, parking, and hallways are easy to navigate. _____ | ☐ The community feels warm and residential, not institutional. _____ |
| ☐ Residents look clean, cared for, and appropriately dressed. _____ | ☐ Residents are engaged, not mostly idle or isolated. _____ |
| ☐ Staff greet residents by name and respond with patience. _____ | ☐ The building is clean, well-lit, and free of strong odors. _____ |
| ☐ Outdoor areas are safe, accessible, and inviting. _____ | ☐ Memory care feels secure, calm, and clearly marked. _____ |

Care, Safety & Staffing

- | | |
|---|---|
| ☐ How are care needs assessed before move-in? _____ | ☐ How often are care plans reviewed and updated? _____ |
| ☐ What staff training and dementia training are required? _____ | ☐ Who provides hands-on care and medication support? _____ |
| ☐ How quickly can residents get help after pressing a call button? _____ | ☐ How are falls, emergencies, or sudden changes handled? _____ |
| ☐ What prevents unsafe wandering or elopement? _____ | ☐ Can residents receive hospice care here if needed? _____ |

Tour Notes

Daily Life, Dining & Costs

- | | |
|---|---|
| ☐ How are meals prepared and served? _____ | ☐ How are allergies, preferences, textures, and eating assistance handled? _____ |
| ☐ Are snacks, hydration, and family meals available? _____ | ☐ May I see the current activity calendar? _____ |
| ☐ How are activities adapted for memory loss or mobility limits? _____ | ☐ What floor plans are available now? _____ |
| ☐ What are the monthly rates by room type and care level? _____ | ☐ Are there move-in fees, community fees, or rate-increase policies? _____ |

Family Communication & Move-In

- | | |
|--|---|
| ☐ Who is the main family contact after move-in? _____ | ☐ How often are care meetings or family updates provided? _____ |
| ☐ Can families visit at reasonable times? _____ | ☐ How are complaints or concerns handled? _____ |
| ☐ How do you help new residents adjust emotionally? _____ | ☐ What should families bring or avoid bringing on move-in day? _____ |

After the Tour: Compare Quickly

Decision Point	Community 1	Community 2	Community 3
What felt right?			
What raised concern?			
Were costs and next steps clear?			
Could you picture daily life here?			

Questions to Ask Later

Follow-Up / Next Steps
